

# Primary East

Building Excellence in Education 

## **Emergency First Aid Training** with H&SCTS Ltd

*"I came into training very worried about De-fib and Epi-pen use but now feel very confident in how to use them." - Teacher*

National Teaching School  
designated by



National College for  
Teaching & Leadership



[www.primaryeast.co.uk](http://www.primaryeast.co.uk)



@PrimaryEastTSA

### Overview

This one day training session aims to provide you with the practical skills to enable you to deal with an emergency in the workplace. Topics covered are Health & Safety, CPR, seizures, choking, shock, wounds & bleeding, minor injuries, heart attacks and broken bones. All delegates will receive a 3 year certificate, First Aid at Work book and a Resusa Aid.

### Facilitators

Gary Winmill CMIOSH & OSHCR, after serving in the Army for 22 years, moved into Health & Safety roles, delivering first aid training, for various companies, including BT for 7 years before starting up his own company.

### Date/Venue

Autumn Term - 6th Sept  
Spring Term - 3rd Jan  
Summer Term - 23rd April

Sessions to be held at  
Bardwell or Ixworth  
depending on delegate  
numbers.

### Cost

**£75 per person.**

**Discounts available  
for multiples.**

Buffet lunch included.

To book email,  
[admin@primaryeast.co.uk](mailto:admin@primaryeast.co.uk)